

Dear fellow Floydians;

Food insecurity in Floyd County is real and growing! During the pandemic Plenty! showed a dramatic increase in the number of neighbors coming to our food bank. After the pandemic we saw the effects of inflation but also decreased government support for vulnerable families. Plenty! has continued to see month to month and year to year increased demand for its services. For example this past October Plenty! distributed food through its pantry to 1178 neighbors. **This is an almost 50% increase as compared to October 2022!**

Despite this huge increase in activity, Plenty! has been able to meet the needs of its neighbors. There have been many new challenges to overcome including the purchase of increased amounts of foods when donations did not suffice and the hiring of additional staff. This has placed a great deal of stress on our organization and it has become increasingly difficult to maintain a neutral budget.

As we celebrate this holiday season and express gratitude and love to our friends and families please think about supporting Plenty! in its mission to help our neighbors in need. How can you help? We need volunteers. We need donations of non perishable foods. Especially, we need monetary donations so we can direct our efforts where they are needed the most.

I never cease to be impressed by this community where the ethic of “neighbors helping neighbors” is strong.

For the Plenty! staff, volunteers, board and all our donors we wish you a happy and peaceful holiday.

Jonathan Evans, MD
Board President Plenty!