



## Tour De Dirt 2021

We are grateful to the many dedicated people who make this event possible! We acknowledge the seriousness of the COVID-19 pandemic and we ask everyone to work doggedly to maintain the following protocols to reduce the risk of transmission.

Self-Checking: We are asking all people who attend the event in any capacity to self-check for symptoms prior to coming. Please check yourself for the following symptoms.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. The Center for Disease Control (CDC) will continue to update this list as we learn more about COVID-19.

Please refer to the CDC website for the most up-to-date list of symptoms and a self-checker tool. If you have symptoms of COVID-19, please remain home and use the self-checker tool to assess the need for testing. <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>. If you need testing or would like to consult with someone from the Virginia Department of Health, you can call the COVID call center at 540-267-8240.

Face Coverings: The Commonwealth of Virginia's COVID mandates are tied to The Centers for Disease Control's (CDC's) recommendations. Currently Floyd County is experiencing high levels of community transmission. As such, masks are required indoors regardless of vaccination status. All attendees are asked to wear a mask at registration and when distancing is infeasible (even outdoors). Face covers should be worn to cover the nose and mouth completely. Face coverings may be removed when eating, drinking and exercising. Please be conscious of maintaining safe distances when remove your face mask. Gratefully, Chantilly Farm offers ample space to enjoy socializing safely outdoors. All food and beverage service will be outdoors. Eating and drinking will be done outdoors; covered areas are available in case of rain.

Physical Distances: Maintaining physical distances of six feet, at minimum, from anyone not in your household while at the event is encouraged. Maximum capacity for the event is 300; the limit will be maintained by capping registrations and limiting volunteers, staff, sponsors and others on the site. A plan for the flow of people at the event has been created to facilitate and encourage the maintenance of physical distances of six feet at all times. This includes but is not limited to visual and verbal reminders for COVID safety, guided parking, multiple registration tables, staggered registration, staggered race starts with spaced (10 feet) starting areas, and multiple food and beverage service stations with pick up points.

Handwashing and Gloves: Handwashing is important for food safety and pandemic safety. Please wash hands frequently and always after eating, drinking, using the restroom, touching your face or an unclean surface (i.e., trash can or door knobs). Paper towels are provided for drying hands.



Hand Hygiene details:



Washing hands often with soap and water for at least 20 seconds.

- If soap is not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Gloves are to be worn at times, but it is important to remember that gloves do not replace the need to wash hands and practice good hand hygiene.
- Avoid touching your eyes, nose or mouth.

These recommendations will be posted in hand washing stations/bathrooms throughout the facility.

**FOR FOOD SERVICE STAFF AND VOLUNTEERS:** We wear gloves when handling unpackaged ready-to-eat foods\* (foods that will be consumed without further preparation). Gloves will be used for food service.



\*Ready-to-eat food (RTE food) means any food that is normally eaten in its raw state or any other food, including a processed food, for which it is reasonably foreseeable that the food will be eaten without further processing that, would significantly minimize biological hazards. (21 CFR 117.3).

Please change gloves if you touch something that could introduce contamination (e.g., trash can, nose). Gloves are not required when handling packaged foods.

Cleaning: We are cleaning high contact surfaces every hour throughout the day. Point of sales equipment will be cleaned after each use. Cleaning related to specific volunteer tasks will be included in volunteer training.

Illness: We are asking people to agree to stay home if they become sick with any illness. In addition, we ask volunteers to notify Plenty! if they develop COVID-like symptoms (<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>), if they believe that they have been exposed to COVID-19 or if they test positive for COVID-19 within 48 hours of attending the event. Likewise, Plenty! will notify staff and volunteers within 24 hours if we believe that you may have been exposed to someone known to have COVID-19 at the event. Please refer to the Protocol for

Persons Diagnosed with COVID for more information about Plenty's procedure should someone working or volunteering for Plenty! contract COVID-19.

Should someone become ill with COVID-like symptoms at the event, they should immediately contact COVID Safety Coordinator, Rachel Theo-Maurelli, at (540)-556-2233. Anyone with COVID-like symptoms will be asked to leave immediately. If they are too ill or otherwise unable to leave, they will be isolated until someone can assist them to leave. The COVID Safety Coordinator will interview the person who is ill, volunteers and staff and review volunteer records to determine if anyone had close contact with the person who became ill (Close contact is contact within 6 feet for 15 minutes or more.). If close contact occurred, all close contacts will be notified within 24 hours. The COVID Safety Coordinator will consult with the Virginia Department of Health about anyone becoming ill at the event with COVID-like symptoms and about any COVID-19 illness at the event, reported to them after the event.

Personal Protective Gear: Plenty! will provide face coverings and gloves to all volunteers and staff. All riders will be given a face covering as well.

Assessment of Risk: Plenty! has determined that all volunteer and job tasks are "lower" risk according to Virginia's Emergency Temporary Standard Infectious Disease Prevention: SARS-CoV-2 Virus That Causes COVID-19 (§16VAC25-220).



Tasks "do not require contact inside six feet with persons known to be, or suspected of being, or who may be infected with SARS-CoV-2. Employees (*and volunteers*) in this category have minimal occupational contact with other employees, other persons, or the general public, such as in an office building setting; or are able to achieve minimal occupational contact through the implementation of engineering, administrative and work practice controls;" (*Italics added*)

Face coverings are required when indoors at the event, during registration and when physical distancing is infeasible. Registration and food service will be accomplished at six feet of distance. Food and drinks will be placed at a pick up point instead of passing food and drink from hand to hand. People receiving food and drink will be asked to wait until the server has moved away from the area before stepping up to take their food and drink.

Scheduling and Recordkeeping: A schedule of all volunteer activities will be maintained for reference as well as their contact information. Current contact information is essential for day-of-event communication as well as for any needed follow-up after the events.

Protocols may change due to changing conditions and regulations. Updates will be posted to the Tour De Dirt event page [Tour de Dirt – Plenty! \(plentylocal.org\)](http://plentylocal.org).